

Vilagarcía - 2019

| XANEIRO | | | | | | | | | |
|----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 martes | 06:23 18:59 | 1,20 1,10 | 00:17 12:42 | 3,00 3,10 | 16 mércores | 05:21 17:55 | 1,40 1,30 | 11:36 | 2,90 |
| 2 mércores | 07:23 19:49 | 1,10 1,00 | 01:14 13:39 | 3,10 3,20 | 17 xoves | 06:30 18:57 | 1,30 1,10 | 00:17 12:43 | 3,00 3,00 |
| 3 xoves | 08:13 20:32 | 1,00 0,90 | 02:04 14:27 | 3,30 3,20 | 18 venres | 07:30 19:51 | 1,00 0,90 | 01:16 13:41 | 3,20 3,20 |
| 4 venres | 08:57 21:11 | 0,90 0,90 | 02:47 15:09 | 3,40 3,30 | 19 sábado | 08:22 20:40 | 0,80 0,70 | 02:08 14:34 | 3,40 3,50 |
| 5 sábado | 09:37 21:48 | 0,80 0,80 | 03:26 15:48 | 3,50 3,30 | 20 domingo | 09:12 21:27 | 0,50 0,50 | 02:57 15:24 | 3,70 3,60 |
| 6 domingo | 10:14 22:23 | 0,80 0,80 | 04:03 16:24 | 3,60 3,30 | 21 luns | 10:00 22:14 | 0,30 0,40 | 03:44 16:12 | 3,90 3,80 |
| 7 luns | 10:50 22:57 | 0,70 0,80 | 04:38 16:58 | 3,60 3,30 | 22 martes | 10:47 23:01 | 0,20 0,30 | 04:31 17:00 | 4,10 3,80 |
| 8 martes | 11:24 23:31 | 0,80 0,90 | 05:12 17:32 | 3,60 3,30 | 23 mércores | 11:35 23:47 | 0,20 0,40 | 05:19 17:47 | 4,10 3,80 |
| 9 mércores | 11:59 | 0,80 | 05:47 18:06 | 3,50 3,20 | 24 xoves | 12:23 | 0,30 | 06:07 18:36 | 4,10 3,70 |
| 10 xoves | 00:05 12:34 | 0,90 0,90 | 06:21 18:41 | 3,40 3,10 | 25 venres | 00:35 13:12 | 0,50 0,50 | 06:56 19:25 | 3,90 3,50 |
| 11 venres | 00:40 13:11 | 1,00 1,00 | 06:58 19:19 | 3,30 3,00 | 26 sábado | 01:25 14:04 | 0,70 0,70 | 07:47 20:18 | 3,70 3,30 |
| 12 sábado | 01:19 13:52 | 1,20 1,10 | 07:38 20:03 | 3,20 2,90 | 27 domingo | 02:18 15:00 | 0,90 1,00 | 08:42 21:17 | 3,40 3,10 |
| 13 domingo | 02:04 14:39 | 1,30 1,20 | 08:24 20:56 | 3,10 2,80 | 28 luns | 03:20 16:06 | 1,10 1,20 | 09:46 22:26 | 3,10 2,90 |
| 14 luns | 02:58 15:37 | 1,40 1,30 | 09:19 22:00 | 2,90 2,80 | 29 martes | 04:33 17:20 | 1,30 1,30 | 10:59 23:40 | 2,90 2,90 |
| 15 martes | 04:05 16:45 | 1,50 1,30 | 10:25 23:11 | 2,90 2,80 | 30 mércores | 05:54 18:32 | 1,40 1,30 | 12:16 | 2,90 |
| | | | | | 31 xoves | 07:05 19:31 | 1,30 1,20 | 00:50 13:23 | 3,00 2,90 |

| FEBREIRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 venres | 08:02 20:18 | 1,20 1,10 | 01:47 14:16 | 3,10 3,00 | 16 sábado | 07:09 19:32 | 1,10 1,00 | 00:49 13:24 | 3,10 3,10 |
| 2 sábado | 08:47 20:58 | 1,00 1,00 | 02:33 14:59 | 3,30 3,10 | 17 domingo | 08:09 20:26 | 0,80 0,70 | 01:50 14:21 | 3,40 3,40 |
| 3 domingo | 09:25 21:34 | 0,90 0,90 | 03:13 15:36 | 3,40 3,20 | 18 luns | 09:00 21:15 | 0,50 0,50 | 02:43 15:12 | 3,70 3,70 |
| 4 luns | 10:00 22:08 | 0,80 0,80 | 03:48 16:09 | 3,50 3,30 | 19 martes | 09:48 22:01 | 0,30 0,30 | 03:31 15:59 | 4,00 3,90 |
| 5 martes | 10:33 22:40 | 0,70 0,80 | 04:21 16:41 | 3,60 3,40 | 20 mércores | 10:33 22:46 | 0,10 0,20 | 04:18 16:45 | 4,10 3,90 |
| 6 mércores | 11:04 23:11 | 0,70 0,80 | 04:53 17:11 | 3,60 3,40 | 21 xoves | 11:18 23:30 | 0,10 0,20 | 05:03 17:29 | 4,20 3,90 |
| 7 xoves | 11:35 23:42 | 0,70 0,80 | 05:25 17:42 | 3,60 3,40 | 22 venres | 12:02 | 0,20 | 05:48 18:13 | 4,20 3,80 |
| 8 venres | 12:06 | 0,80 | 05:56 18:13 | 3,60 3,30 | 23 sábado | 00:14 12:45 | 0,40 0,40 | 06:33 18:57 | 4,00 3,60 |
| 9 sábado | 00:14 12:38 | 0,90 0,80 | 06:29 18:47 | 3,50 3,20 | 24 domingo | 00:59 13:30 | 0,60 0,70 | 07:19 19:44 | 3,70 3,40 |
| 10 domingo | 00:48 13:13 | 1,00 1,00 | 07:05 19:24 | 3,40 3,10 | 25 luns | 01:46 14:19 | 0,80 1,00 | 08:08 20:35 | 3,40 3,10 |
| 11 luns | 01:27 13:53 | 1,10 1,10 | 07:44 20:08 | 3,20 3,00 | 26 martes | 02:41 15:17 | 1,10 1,30 | 09:05 21:39 | 3,00 2,90 |
| 12 martes | 02:12 14:42 | 1,20 1,20 | 08:32 21:03 | 3,00 2,90 | 27 mércores | 03:51 16:34 | 1,40 1,50 | 10:18 22:59 | 2,80 2,80 |
| 13 mércores | 03:10 15:46 | 1,40 1,30 | 09:33 22:14 | 2,90 2,80 | 28 xoves | 05:21 18:01 | 1,50 1,50 | 11:47 | 2,70 |
| 14 xoves | 04:28 17:07 | 1,40 1,40 | 10:51 23:35 | 2,80 2,90 | | | | | |
| 15 venres | 05:56 18:28 | 1,30 1,20 | 12:14 | 2,90 | | | | | |

Vilagarcía - 2019

| MARZO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 venres | 06:45 19:09 | 1,40 1,40 | 00:21 13:05 | 2,80 2,80 | 16 sábado | 05:34 18:07 | 1,30 1,30 | 11:56 | 2,90 |
| 2 sábado | 07:45 20:00 | 1,30 1,20 | 01:25 14:01 | 3,00 2,90 | 17 domingo | 06:54 19:17 | 1,10 1,10 | 00:29 13:11 | 3,10 3,10 |
| 3 domingo | 08:30 20:41 | 1,10 1,10 | 02:14 14:43 | 3,20 3,10 | 18 luns | 07:54 20:11 | 0,80 0,80 | 01:33 14:08 | 3,40 3,40 |
| 4 luns | 09:06 21:15 | 0,90 0,90 | 02:54 15:17 | 3,30 3,20 | 19 martes | 08:45 20:59 | 0,50 0,50 | 02:27 14:57 | 3,70 3,70 |
| 5 martes | 09:39 21:47 | 0,80 0,80 | 03:28 15:48 | 3,50 3,30 | 20 mércores | 09:30 21:44 | 0,20 0,30 | 03:15 15:42 | 4,00 3,90 |
| 6 mércores | 10:09 22:18 | 0,70 0,70 | 03:59 16:18 | 3,60 3,40 | 21 xoves | 10:14 22:27 | 0,10 0,20 | 04:00 16:25 | 4,10 4,00 |
| 7 xoves | 10:38 22:47 | 0,60 0,70 | 04:29 16:46 | 3,60 3,50 | 22 venres | 10:55 23:09 | 0,10 0,20 | 04:44 17:06 | 4,20 4,00 |
| 8 venres | 11:07 23:17 | 0,60 0,70 | 04:59 17:15 | 3,70 3,50 | 23 sábado | 11:36 23:51 | 0,30 0,30 | 05:26 17:47 | 4,10 3,90 |
| 9 sábado | 11:37 23:48 | 0,60 0,70 | 05:30 17:45 | 3,60 3,50 | 24 domingo | 12:16 | 0,50 | 06:09 18:28 | 3,90 3,70 |
| 10 domingo | 12:08 | 0,70 | 06:02 18:18 | 3,60 3,40 | 25 luns | 00:33 12:57 | 0,60 0,80 | 06:51 19:11 | 3,60 3,40 |
| 11 luns | 00:22 12:41 | 0,80 0,80 | 06:36 18:53 | 3,40 3,30 | 26 martes | 01:17 13:40 | 0,80 1,10 | 07:36 19:58 | 3,30 3,20 |
| 12 martes | 00:59 13:19 | 0,90 1,00 | 07:14 19:34 | 3,30 3,20 | 27 mércores | 02:08 14:32 | 1,10 1,40 | 08:28 20:56 | 2,90 2,90 |
| 13 mércores | 01:42 14:05 | 1,10 1,20 | 08:00 20:26 | 3,10 3,00 | 28 xoves | 03:13 15:46 | 1,40 1,60 | 09:38 22:14 | 2,70 2,80 |
| 14 xoves | 02:38 15:07 | 1,30 1,30 | 09:00 21:36 | 2,90 2,90 | 29 venres | 04:44 17:21 | 1,50 1,60 | 11:11 23:41 | 2,60 2,80 |
| 15 venres | 03:56 16:35 | 1,40 1,40 | 10:24 23:06 | 2,80 2,90 | 30 sábado | 06:12 18:37 | 1,50 1,50 | 12:35 | 2,70 |
| | | | | | 31 domingo | 08:15 20:31 | 1,30 1,30 | 00:52 14:33 | 2,90 2,80 |

| ABRIL | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 luns | 09:01 21:13 | 1,10 1,20 | 02:43 15:15 | 3,10 3,00 | 16 martes | 08:36 20:52 | 0,70 0,80 | 02:14 14:50 | 3,40 3,40 |
| 2 martes | 09:37 21:49 | 1,00 1,00 | 03:24 15:49 | 3,20 3,20 | 17 mércores | 09:25 21:40 | 0,50 0,50 | 03:08 15:38 | 3,70 3,70 |
| 3 mércores | 10:09 22:21 | 0,80 0,80 | 03:59 16:20 | 3,40 3,30 | 18 xoves | 10:09 22:24 | 0,30 0,40 | 03:55 16:21 | 3,90 3,80 |
| 4 xoves | 10:39 22:51 | 0,70 0,70 | 04:30 16:49 | 3,50 3,50 | 19 venres | 10:51 23:06 | 0,20 0,30 | 04:40 17:02 | 4,00 3,90 |
| 5 venres | 11:09 23:21 | 0,60 0,60 | 05:01 17:18 | 3,60 3,50 | 20 sábado | 11:30 23:47 | 0,30 0,30 | 05:22 17:42 | 4,00 3,90 |
| 6 sábado | 11:38 23:52 | 0,60 0,60 | 05:32 17:48 | 3,70 3,60 | 21 domingo | 12:09 | 0,40 | 06:03 18:22 | 3,90 3,80 |
| 7 domingo | 12:08 | 0,60 | 06:04 18:19 | 3,70 3,60 | 22 luns | 00:28 12:48 | 0,40 0,60 | 06:44 19:02 | 3,70 3,70 |
| 8 luns | 00:25 12:40 | 0,60 0,60 | 06:37 18:53 | 3,60 3,50 | 23 martes | 01:10 13:27 | 0,60 0,80 | 07:25 19:43 | 3,40 3,40 |
| 9 martes | 01:00 13:16 | 0,70 0,80 | 07:13 19:30 | 3,50 3,40 | 24 mércores | 01:53 14:08 | 0,90 1,10 | 08:09 20:28 | 3,20 3,20 |
| 10 mércores | 01:39 13:56 | 0,80 0,90 | 07:54 20:13 | 3,30 3,30 | 25 xoves | 02:42 14:57 | 1,10 1,30 | 08:58 21:21 | 2,90 3,00 |
| 11 xoves | 02:25 14:44 | 1,00 1,10 | 08:43 21:07 | 3,10 3,10 | 26 venres | 03:41 16:02 | 1,30 1,50 | 10:01 22:30 | 2,70 2,80 |
| 12 venres | 03:24 15:49 | 1,20 1,30 | 09:47 22:19 | 2,90 3,00 | 27 sábado | 05:00 17:29 | 1,50 1,60 | 11:24 23:50 | 2,60 2,80 |
| 13 sábado | 04:46 17:19 | 1,30 1,40 | 11:13 23:48 | 2,80 3,00 | 28 domingo | 06:23 18:49 | 1,50 1,60 | 12:47 | 2,60 |
| 14 domingo | 06:21 18:50 | 1,20 1,30 | 12:44 | 2,90 | 29 luns | 07:29 19:49 | 1,30 1,40 | 01:02 13:49 | 2,90 2,80 |
| 15 luns | 07:38 19:58 | 1,00 1,10 | 01:10 13:55 | 3,20 3,10 | 30 martes | 08:18 20:35 | 1,20 1,20 | 01:59 14:35 | 3,00 3,00 |

Vilagarcía - 2019

| MAIO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 mércores | 08:58 21:14 | 1,00 1,10 | 02:44 15:12 | 3,10 3,10 | 16 xoves | 09:02 21:19 | 0,60 0,70 | 02:46 15:15 | 3,60 3,60 |
| 2 xoves | 09:33 21:48 | 0,90 0,90 | 03:22 15:45 | 3,30 3,30 | 17 venres | 09:46 22:04 | 0,50 0,50 | 03:34 15:59 | 3,70 3,70 |
| 3 venres | 10:05 22:21 | 0,70 0,80 | 03:56 16:17 | 3,40 3,50 | 18 sábado | 10:27 22:46 | 0,50 0,50 | 04:19 16:40 | 3,70 3,80 |
| 4 sábado | 10:37 22:54 | 0,60 0,70 | 04:30 16:48 | 3,50 3,60 | 19 domingo | 11:07 23:28 | 0,50 0,50 | 05:02 17:20 | 3,70 3,80 |
| 5 domingo | 11:08 23:28 | 0,60 0,60 | 05:04 17:21 | 3,60 3,60 | 20 luns | 11:45 | 0,60 | 05:43 18:00 | 3,60 3,70 |
| 6 luns | 11:42 | 0,60 | 05:39 17:55 | 3,60 3,70 | 21 martes | 00:09 12:24 | 0,60 0,70 | 06:23 18:39 | 3,50 3,60 |
| 7 martes | 00:05 12:18 | 0,60 0,60 | 06:16 18:33 | 3,60 3,60 | 22 mércores | 00:50 13:02 | 0,70 0,90 | 07:03 19:20 | 3,30 3,50 |
| 8 mércores | 00:44 12:58 | 0,60 0,70 | 06:57 19:15 | 3,50 3,50 | 23 xoves | 01:33 13:43 | 0,90 1,10 | 07:45 20:03 | 3,10 3,30 |
| 9 xoves | 01:28 13:43 | 0,70 0,90 | 07:43 20:03 | 3,30 3,40 | 24 venres | 02:19 14:29 | 1,10 1,30 | 08:31 20:51 | 2,90 3,10 |
| 10 venres | 02:20 14:36 | 0,90 1,10 | 08:38 21:00 | 3,10 3,30 | 25 sábado | 03:11 15:23 | 1,20 1,40 | 09:25 21:47 | 2,80 3,00 |
| 11 sábado | 03:23 15:43 | 1,00 1,30 | 09:45 22:11 | 3,00 3,10 | 26 domingo | 04:12 16:32 | 1,40 1,50 | 10:31 22:53 | 2,70 2,90 |
| 12 domingo | 04:41 17:06 | 1,10 1,30 | 11:05 23:32 | 2,90 3,10 | 27 luns | 05:23 17:47 | 1,40 1,60 | 11:44 | 2,70 |
| 13 luns | 06:04 18:28 | 1,10 1,20 | 12:25 | 3,00 | 28 martes | 06:30 18:54 | 1,40 1,50 | 00:01 12:51 | 2,90 2,70 |
| 14 martes | 07:15 19:35 | 0,90 1,10 | 00:47 13:32 | 3,20 3,20 | 29 mércores | 07:26 19:48 | 1,30 1,30 | 01:03 13:44 | 2,90 2,90 |
| 15 mércores | 08:12 20:30 | 0,80 0,80 | 01:51 14:27 | 3,40 3,40 | 30 xoves | 08:12 20:33 | 1,10 1,20 | 01:55 14:28 | 3,00 3,10 |
| | | | | | 31 venres | 08:52 21:13 | 1,00 1,00 | 02:39 15:06 | 3,20 3,20 |

| XUÑO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 sábado | 09:29 21:51 | 0,80 0,80 | 03:20 15:43 | 3,30 3,40 | 16 domingo | 10:07 22:31 | 0,70 0,70 | 04:02 16:22 | 3,50 3,60 |
| 2 domingo | 10:05 22:28 | 0,70 0,70 | 03:59 16:19 | 3,40 3,60 | 17 luns | 10:47 23:13 | 0,70 0,70 | 04:45 17:02 | 3,50 3,60 |
| 3 luns | 10:42 23:08 | 0,60 0,60 | 04:38 16:57 | 3,50 3,70 | 18 martes | 11:26 23:54 | 0,70 0,70 | 05:26 17:42 | 3,40 3,60 |
| 4 martes | 11:21 23:49 | 0,60 0,50 | 05:18 17:36 | 3,60 3,70 | 19 mércores | 12:04 | 0,80 | 06:05 18:21 | 3,40 3,60 |
| 5 mércores | 12:02 | 0,60 | 06:01 18:19 | 3,60 3,70 | 20 xoves | 00:34 12:42 | 0,80 0,90 | 06:44 19:00 | 3,30 3,50 |
| 6 xoves | 00:34 12:47 | 0,60 0,70 | 06:47 19:06 | 3,50 3,70 | 21 venres | 01:14 13:21 | 0,90 1,00 | 07:23 19:39 | 3,10 3,40 |
| 7 venres | 01:23 13:36 | 0,60 0,80 | 07:37 19:57 | 3,40 3,60 | 22 sábado | 01:54 14:01 | 1,00 1,20 | 08:04 20:21 | 3,00 3,20 |
| 8 sábado | 02:17 14:31 | 0,70 1,00 | 08:33 20:55 | 3,30 3,50 | 23 domingo | 02:38 14:46 | 1,10 1,30 | 08:49 21:06 | 2,90 3,10 |
| 9 domingo | 03:18 15:35 | 0,90 1,10 | 09:37 22:00 | 3,10 3,30 | 24 luns | 03:25 15:38 | 1,20 1,40 | 09:39 21:58 | 2,80 3,00 |
| 10 luns | 04:27 16:47 | 1,00 1,20 | 10:47 23:11 | 3,10 3,30 | 25 martes | 04:20 16:40 | 1,30 1,50 | 10:38 22:57 | 2,70 2,90 |
| 11 martes | 05:39 18:01 | 1,00 1,20 | 11:59 | 3,10 | 26 mércores | 05:21 17:47 | 1,30 1,50 | 11:42 | 2,70 |
| 12 mércores | 06:47 19:08 | 1,00 1,10 | 00:21 13:05 | 3,30 3,10 | 27 xoves | 06:23 18:52 | 1,30 1,40 | 00:00 12:44 | 2,90 2,80 |
| 13 xoves | 07:46 20:07 | 0,90 1,00 | 01:26 14:02 | 3,30 3,30 | 28 venres | 07:19 19:48 | 1,20 1,30 | 01:00 13:39 | 2,90 3,00 |
| 14 venres | 08:38 21:00 | 0,80 0,80 | 02:24 14:53 | 3,40 3,40 | 29 sábado | 08:09 20:37 | 1,10 1,10 | 01:55 14:26 | 3,00 3,10 |
| 15 sábado | 09:24 21:47 | 0,80 0,70 | 03:15 15:39 | 3,40 3,50 | 30 domingo | 08:54 21:23 | 1,00 0,90 | 02:45 15:11 | 3,20 3,30 |

Vilagarcía - 2019

| XULLO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 luns | 09:38 22:07 | 0,80 0,70 | 03:31 15:54 | 3,30 3,50 | 16 martes | 10:32 23:01 | 0,90 0,80 | 04:33 16:48 | 3,30 3,50 |
| 2 martes | 10:21 22:52 | 0,70 0,60 | 04:17 16:37 | 3,50 3,70 | 17 mércores | 11:10 23:39 | 0,80 0,70 | 05:12 17:26 | 3,30 3,60 |
| 3 mércores | 11:05 23:37 | 0,60 0,50 | 05:03 17:22 | 3,60 3,80 | 18 xoves | 11:46 | 0,80 | 05:48 18:02 | 3,30 3,60 |
| 4 xoves | 11:50 | 0,50 | 05:49 18:08 | 3,60 3,90 | 19 venres | 00:15 12:22 | 0,70 0,90 | 06:24 18:38 | 3,30 3,50 |
| 5 venres | 00:25 12:37 | 0,40 0,60 | 06:38 18:56 | 3,60 3,90 | 20 sábado | 00:50 12:57 | 0,80 0,90 | 06:59 19:13 | 3,20 3,50 |
| 6 sábado | 01:14 13:26 | 0,40 0,60 | 07:28 19:47 | 3,60 3,80 | 21 domingo | 01:26 13:32 | 0,90 1,00 | 07:34 19:49 | 3,10 3,40 |
| 7 domingo | 02:06 14:19 | 0,50 0,80 | 08:21 20:41 | 3,40 3,70 | 22 luns | 02:02 14:10 | 1,00 1,10 | 08:11 20:27 | 3,10 3,20 |
| 8 luns | 03:02 15:16 | 0,70 0,90 | 09:18 21:40 | 3,30 3,50 | 23 martes | 02:40 14:51 | 1,10 1,30 | 08:51 21:09 | 3,00 3,10 |
| 9 martes | 04:02 16:20 | 0,80 1,10 | 10:20 22:44 | 3,20 3,30 | 24 mércores | 03:23 15:40 | 1,20 1,40 | 09:38 21:59 | 2,90 3,00 |
| 10 mércores | 05:07 17:29 | 1,00 1,20 | 11:26 23:52 | 3,10 3,20 | 25 xoves | 04:14 16:40 | 1,30 1,40 | 10:35 22:58 | 2,80 2,90 |
| 11 xoves | 06:16 18:41 | 1,10 1,20 | 12:34 | 3,10 | 26 venres | 05:15 17:51 | 1,40 1,50 | 11:41 | 2,80 |
| 12 venres | 07:20 19:48 | 1,10 1,10 | 01:02 13:38 | 3,10 3,10 | 27 sábado | 06:24 19:03 | 1,30 1,40 | 00:06 12:49 | 2,80 2,90 |
| 13 sábado | 08:18 20:46 | 1,10 1,00 | 02:06 14:34 | 3,10 3,20 | 28 domingo | 07:29 20:06 | 1,20 1,20 | 01:14 13:50 | 2,90 3,00 |
| 14 domingo | 09:08 21:36 | 1,00 0,90 | 03:02 15:24 | 3,20 3,30 | 29 luns | 08:26 21:00 | 1,10 1,00 | 02:16 14:44 | 3,10 3,30 |
| 15 luns | 09:52 22:21 | 0,90 0,80 | 03:50 16:08 | 3,20 3,50 | 30 martes | 09:16 21:50 | 0,90 0,70 | 03:11 15:33 | 3,30 3,50 |
| | | | | | 31 mércores | 10:04 22:38 | 0,70 0,50 | 04:01 16:21 | 3,50 3,70 |

| AGOSTO | | | | | | | | | |
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| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 xoves | 10:51 23:25 | 0,50 0,30 | 04:49 17:08 | 3,60 3,90 | 16 venres | 11:26 23:52 | 0,80 0,70 | 05:28 17:40 | 3,30 3,60 |
| 2 venres | 11:37 | 0,40 | 05:36 17:55 | 3,80 4,10 | 17 sábado | 11:58 | 0,80 | 06:00 18:12 | 3,40 3,60 |
| 3 sábado | 00:11 12:23 | 0,20 0,40 | 06:23 18:42 | 3,80 4,10 | 18 domingo | 00:23 12:30 | 0,70 0,80 | 06:30 18:44 | 3,30 3,60 |
| 4 domingo | 00:58 13:10 | 0,20 0,40 | 07:11 19:30 | 3,70 4,00 | 19 luns | 00:53 13:02 | 0,80 0,90 | 07:01 19:16 | 3,30 3,50 |
| 5 luns | 01:46 13:59 | 0,40 0,60 | 07:59 20:20 | 3,60 3,80 | 20 martes | 01:25 13:35 | 0,80 1,00 | 07:34 19:50 | 3,20 3,30 |
| 6 martes | 02:36 14:51 | 0,60 0,80 | 08:51 21:14 | 3,40 3,50 | 21 mércores | 01:58 14:12 | 1,00 1,10 | 08:09 20:27 | 3,10 3,20 |
| 7 mércores | 03:30 15:49 | 0,80 1,00 | 09:46 22:13 | 3,20 3,30 | 22 xoves | 02:36 14:54 | 1,10 1,20 | 08:50 21:11 | 3,00 3,00 |
| 8 xoves | 04:31 16:57 | 1,10 1,20 | 10:50 23:22 | 3,10 3,00 | 23 venres | 03:20 15:47 | 1,20 1,40 | 09:40 22:07 | 2,90 2,90 |
| 9 venres | 05:42 18:16 | 1,30 1,30 | 12:03 | 3,00 | 24 sábado | 04:17 16:58 | 1,40 1,50 | 10:45 23:20 | 2,80 2,80 |
| 10 sábado | 06:56 19:34 | 1,30 1,30 | 00:40 13:16 | 2,90 3,00 | 25 domingo | 05:33 18:26 | 1,40 1,40 | 12:04 | 2,80 |
| 11 domingo | 08:02 20:38 | 1,30 1,20 | 01:53 14:19 | 2,90 3,10 | 26 luns | 06:57 19:43 | 1,30 1,20 | 00:43 13:20 | 2,80 3,00 |
| 12 luns | 08:55 21:28 | 1,20 1,00 | 02:53 15:11 | 3,00 3,20 | 27 martes | 08:05 20:44 | 1,10 0,90 | 01:56 14:23 | 3,00 3,20 |
| 13 martes | 09:39 22:09 | 1,00 0,90 | 03:40 15:55 | 3,10 3,40 | 28 mércores | 09:00 21:35 | 0,90 0,60 | 02:55 15:16 | 3,20 3,50 |
| 14 mércores | 10:18 22:46 | 0,90 0,80 | 04:20 16:33 | 3,20 3,50 | 29 xoves | 09:49 22:22 | 0,60 0,40 | 03:46 16:05 | 3,50 3,80 |
| 15 xoves | 10:53 23:19 | 0,80 0,70 | 04:56 17:07 | 3,30 3,60 | 30 venres | 10:35 23:07 | 0,40 0,20 | 04:33 16:51 | 3,70 4,10 |
| | | | | | 31 sábado | 11:20 23:52 | 0,30 0,10 | 05:19 17:37 | 3,90 4,20 |

Vilagarcía - 2019

| SETEMBRO | | | | | | | | | |
|-----------------------|-------|---------|-------|------|-----------------------|-------|---------|-------|------|
| Baixamar | | Preamar | | | Baixamar | | Preamar | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 domingo | 12:04 | 0,20 | 06:03 | 3,90 | 16 luns | 12:02 | 0,70 | 06:00 | 3,50 |
| | | | 18:22 | 4,20 | | | | 18:14 | 3,60 |
| 2 luns | 00:36 | 0,10 | 06:47 | 3,90 | 17 martes | 00:21 | 0,70 | 06:29 | 3,40 |
| | 12:49 | 0,30 | 19:08 | 4,10 | | 12:32 | 0,80 | 18:45 | 3,50 |
| 3 martes | 01:20 | 0,30 | 07:33 | 3,70 | 18 mércores | 00:50 | 0,70 | 07:00 | 3,40 |
| | 13:35 | 0,50 | 19:55 | 3,80 | | 13:04 | 0,80 | 19:17 | 3,40 |
| 4 mércores | 02:06 | 0,60 | 08:20 | 3,50 | 19 xoves | 01:22 | 0,90 | 07:34 | 3,30 |
| | 14:23 | 0,70 | 20:44 | 3,50 | | 13:40 | 1,00 | 19:54 | 3,20 |
| 5 xoves | 02:54 | 0,90 | 09:11 | 3,20 | 20 venres | 01:58 | 1,00 | 08:13 | 3,10 |
| | 15:17 | 1,00 | 21:41 | 3,10 | | 14:21 | 1,10 | 20:36 | 3,00 |
| 6 venres | 03:51 | 1,20 | 10:13 | 3,00 | 21 sábado | 02:40 | 1,20 | 09:00 | 3,00 |
| | 16:25 | 1,30 | 22:52 | 2,90 | | 15:12 | 1,30 | 21:32 | 2,90 |
| 7 sábado | 05:05 | 1,40 | 11:30 | 2,90 | 22 domingo | 03:36 | 1,40 | 10:05 | 2,90 |
| | 17:54 | 1,40 | | | | 16:25 | 1,40 | 22:50 | 2,70 |
| 8 domingo | 06:32 | 1,50 | 00:20 | 2,70 | 23 luns | 04:58 | 1,50 | 11:32 | 2,80 |
| | 19:21 | 1,40 | 12:53 | 2,90 | | 18:03 | 1,40 | | |
| 9 luns | 07:46 | 1,40 | 01:41 | 2,80 | 24 martes | 06:34 | 1,40 | 00:24 | 2,80 |
| | 20:25 | 1,20 | 14:02 | 3,00 | | 19:26 | 1,20 | 12:57 | 3,00 |
| 10 martes | 08:40 | 1,30 | 02:41 | 2,90 | 25 mércores | 07:47 | 1,20 | 01:42 | 3,00 |
| | 21:12 | 1,10 | 14:54 | 3,20 | | 20:27 | 0,90 | 14:04 | 3,30 |
| 11 mércores | 09:22 | 1,10 | 03:25 | 3,00 | 26 xoves | 08:43 | 0,90 | 02:40 | 3,30 |
| | 21:50 | 0,90 | 15:36 | 3,30 | | 21:17 | 0,60 | 14:58 | 3,60 |
| 12 xoves | 09:59 | 0,90 | 04:02 | 3,20 | 27 venres | 09:31 | 0,60 | 03:29 | 3,60 |
| | 22:23 | 0,80 | 16:11 | 3,50 | | 22:03 | 0,30 | 15:46 | 3,90 |
| 13 venres | 10:32 | 0,80 | 04:33 | 3,30 | 28 sábado | 10:16 | 0,30 | 04:14 | 3,80 |
| | 22:54 | 0,70 | 16:44 | 3,60 | | 22:46 | 0,10 | 16:32 | 4,10 |
| 14 sábado | 11:02 | 0,70 | 05:03 | 3,40 | 29 domingo | 11:00 | 0,20 | 04:58 | 4,00 |
| | 23:23 | 0,60 | 17:14 | 3,60 | | 23:29 | 0,10 | 17:16 | 4,20 |
| 15 domingo | 11:32 | 0,70 | 05:32 | 3,50 | 30 luns | 11:43 | 0,20 | 05:40 | 4,00 |
| | 23:52 | 0,60 | 17:44 | 3,60 | | | | 18:00 | 4,20 |

| OUTUBRO | | | | | | | | | |
|----------------------|-------|---------|-------|------|-----------------------|-------|---------|-------|------|
| Baixamar | | Preamar | | | Baixamar | | Preamar | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 martes | 00:10 | 0,20 | 06:22 | 3,90 | 16 mércores | 12:06 | 0,70 | 06:01 | 3,50 |
| | 12:26 | 0,30 | 18:44 | 4,00 | | | | 18:17 | 3,50 |
| 2 mércores | 00:52 | 0,40 | 07:05 | 3,80 | 17 xoves | 00:20 | 0,70 | 06:32 | 3,50 |
| | 13:10 | 0,50 | 19:28 | 3,70 | | 12:40 | 0,80 | 18:51 | 3,40 |
| 3 xoves | 01:34 | 0,70 | 07:49 | 3,50 | 18 venres | 00:53 | 0,80 | 07:08 | 3,40 |
| | 13:56 | 0,70 | 20:15 | 3,40 | | 13:17 | 0,90 | 19:30 | 3,30 |
| 4 venres | 02:20 | 1,00 | 08:38 | 3,30 | 19 sábado | 01:31 | 1,00 | 07:48 | 3,30 |
| | 14:49 | 1,00 | 21:09 | 3,00 | | 14:00 | 1,00 | 20:15 | 3,10 |
| 5 sábado | 03:12 | 1,30 | 09:37 | 3,00 | 20 domingo | 02:16 | 1,20 | 08:38 | 3,10 |
| | 15:55 | 1,30 | 22:20 | 2,70 | | 14:55 | 1,20 | 21:14 | 2,90 |
| 6 domingo | 04:25 | 1,50 | 10:55 | 2,80 | 21 luns | 03:14 | 1,30 | 09:44 | 3,00 |
| | 17:26 | 1,50 | 23:53 | 2,60 | | 16:10 | 1,30 | 22:36 | 2,80 |
| 7 luns | 06:00 | 1,60 | 12:22 | 2,80 | 22 martes | 04:38 | 1,50 | 11:11 | 2,90 |
| | 18:55 | 1,40 | | | | 17:46 | 1,30 | | |
| 8 martes | 07:18 | 1,50 | 01:18 | 2,70 | 23 mércores | 06:13 | 1,40 | 00:09 | 2,80 |
| | 19:59 | 1,30 | 13:34 | 2,90 | | 19:06 | 1,10 | 12:36 | 3,10 |
| 9 mércores | 08:14 | 1,30 | 02:17 | 2,80 | 24 xoves | 07:27 | 1,20 | 01:24 | 3,00 |
| | 20:45 | 1,10 | 14:27 | 3,10 | | 20:07 | 0,80 | 13:43 | 3,30 |
| 10 xoves | 08:57 | 1,20 | 03:00 | 3,00 | 25 venres | 08:23 | 0,90 | 02:21 | 3,30 |
| | 21:22 | 1,00 | 15:08 | 3,30 | | 20:56 | 0,50 | 14:38 | 3,60 |
| 11 venres | 09:33 | 1,00 | 03:35 | 3,20 | 26 sábado | 09:11 | 0,60 | 03:09 | 3,60 |
| | 21:54 | 0,80 | 15:43 | 3,40 | | 21:41 | 0,30 | 15:26 | 3,90 |
| 12 sábado | 10:05 | 0,90 | 04:05 | 3,30 | 27 domingo | 08:56 | 0,40 | 02:53 | 3,80 |
| | 22:24 | 0,70 | 16:15 | 3,50 | | 21:24 | 0,20 | 15:12 | 4,00 |
| 13 domingo | 10:35 | 0,80 | 04:34 | 3,40 | 28 luns | 09:39 | 0,30 | 03:36 | 3,90 |
| | 22:53 | 0,60 | 16:45 | 3,60 | | 22:05 | 0,20 | 15:55 | 4,10 |
| 14 luns | 11:05 | 0,70 | 05:02 | 3,50 | 29 martes | 10:22 | 0,20 | 04:17 | 4,00 |
| | 23:21 | 0,60 | 17:15 | 3,60 | | 22:46 | 0,30 | 16:39 | 4,00 |
| 15 martes | 11:35 | 0,70 | 05:31 | 3,60 | 30 mércores | 11:05 | 0,30 | 04:58 | 3,90 |
| | 23:50 | 0,60 | 17:45 | 3,60 | | 23:26 | 0,50 | 17:21 | 3,80 |
| | | | | | 31 xoves | 11:49 | 0,50 | 05:40 | 3,80 |
| | | | | | | | | 18:05 | 3,50 |

Vilagarcía - 2019

| NOVEMBRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 venres | 00:07 12:34 | 0,70 0,80 | 06:23 18:50 | 3,50 3,20 | 16 sábado | 12:04 18:16 | 0,80 3,30 | 05:51 18:16 | 3,50 3,30 |
| 2 sábado | 00:50 13:24 | 1,00 1,00 | 07:10 19:41 | 3,30 2,90 | 17 domingo | 00:15 12:51 | 0,90 0,90 | 06:35 19:06 | 3,40 3,10 |
| 3 domingo | 01:39 14:26 | 1,30 1,30 | 08:05 20:45 | 3,10 2,70 | 18 luns | 01:04 13:49 | 1,10 1,10 | 07:28 20:07 | 3,30 3,00 |
| 4 luns | 02:44 15:45 | 1,50 1,40 | 09:14 22:08 | 2,90 2,60 | 19 martes | 02:05 15:01 | 1,20 1,20 | 08:33 21:24 | 3,10 2,90 |
| 5 martes | 04:10 17:09 | 1,60 1,40 | 10:34 23:33 | 2,80 2,60 | 20 mércores | 03:23 16:24 | 1,30 1,20 | 09:51 22:46 | 3,10 2,90 |
| 6 mércores | 05:32 18:16 | 1,60 1,30 | 11:48 18:16 | 2,90 2,90 | 21 xoves | 04:48 17:40 | 1,30 1,00 | 11:10 23:58 | 3,20 3,10 |
| 7 xoves | 06:34 19:06 | 1,40 1,20 | 00:36 12:45 | 2,80 3,00 | 22 venres | 06:00 18:42 | 1,10 0,80 | 12:18 18:42 | 3,30 3,30 |
| 8 venres | 07:21 19:45 | 1,30 1,00 | 01:23 13:30 | 2,90 3,10 | 23 sábado | 06:59 19:34 | 0,90 0,60 | 00:57 13:15 | 3,30 3,50 |
| 9 sábado | 08:00 20:20 | 1,10 0,90 | 02:00 14:08 | 3,10 3,30 | 24 domingo | 07:51 20:20 | 0,70 0,50 | 01:47 14:06 | 3,50 3,70 |
| 10 domingo | 08:35 20:51 | 0,90 0,80 | 02:33 14:43 | 3,30 3,40 | 25 luns | 08:38 21:03 | 0,50 0,40 | 02:33 14:53 | 3,70 3,80 |
| 11 luns | 09:07 21:22 | 0,80 0,70 | 03:03 15:15 | 3,40 3,50 | 26 martes | 09:23 21:45 | 0,40 0,40 | 03:16 15:38 | 3,80 3,80 |
| 12 martes | 09:39 21:52 | 0,70 0,60 | 03:33 15:47 | 3,50 3,50 | 27 mércores | 10:06 22:25 | 0,40 0,50 | 03:58 16:21 | 3,80 3,70 |
| 13 mércores | 10:12 22:24 | 0,70 0,60 | 04:04 16:21 | 3,60 3,60 | 28 xoves | 10:49 23:05 | 0,50 0,60 | 04:40 17:03 | 3,80 3,60 |
| 14 xoves | 10:46 22:57 | 0,70 0,70 | 04:37 16:56 | 3,60 3,50 | 29 venres | 11:32 23:45 | 0,60 0,80 | 05:21 17:45 | 3,70 3,40 |
| 15 venres | 11:23 23:34 | 0,70 0,80 | 05:12 17:34 | 3,60 3,40 | 30 sábado | 12:16 18:29 | 0,80 3,20 | 06:03 18:29 | 3,60 3,20 |

| DECEMBRO | | | | | | | | | |
|-----------------------|----------------|--------------|----------------|--------------|-----------------------|----------------|--------------|----------------|--------------|
| Baixamar | | | | | Preamar | | | | |
| Día | Hora | m. | Hora | m. | Día | Hora | m. | Hora | m. |
| 1 domingo | 00:26 13:03 | 1,00 1,00 | 06:47 19:15 | 3,40 3,00 | 16 luns | 00:08 12:46 | 0,80 0,70 | 06:28 19:00 | 3,60 3,30 |
| 2 luns | 01:11 13:54 | 1,20 1,20 | 07:35 20:07 | 3,20 2,80 | 17 martes | 00:58 13:41 | 0,90 0,80 | 07:21 19:58 | 3,50 3,10 |
| 3 martes | 02:04 14:54 | 1,40 1,30 | 08:30 21:11 | 3,00 2,70 | 18 mércores | 01:55 14:44 | 1,00 1,00 | 08:20 21:03 | 3,40 3,00 |
| 4 mércores | 03:10 16:04 | 1,50 1,40 | 09:34 22:25 | 2,90 2,60 | 19 xoves | 03:01 15:55 | 1,20 1,00 | 09:28 22:15 | 3,30 3,00 |
| 5 xoves | 04:26 17:13 | 1,60 1,40 | 10:44 23:35 | 2,90 2,70 | 20 venres | 04:16 17:08 | 1,20 1,00 | 10:40 23:27 | 3,20 3,10 |
| 6 venres | 05:37 18:13 | 1,50 1,30 | 11:48 18:13 | 2,90 2,90 | 21 sábado | 05:30 18:14 | 1,10 1,00 | 11:50 18:14 | 3,30 3,30 |
| 7 sábado | 06:34 19:01 | 1,40 1,20 | 00:32 12:43 | 2,80 3,00 | 22 domingo | 06:36 19:11 | 1,00 0,90 | 00:31 12:54 | 3,20 3,30 |
| 8 domingo | 07:21 19:41 | 1,20 1,00 | 01:17 13:28 | 3,00 3,10 | 23 luns | 07:34 20:02 | 0,90 0,80 | 01:27 13:50 | 3,30 3,40 |
| 9 luns | 08:02 20:18 | 1,10 0,90 | 01:56 14:09 | 3,20 3,20 | 24 martes | 08:25 20:48 | 0,70 0,70 | 02:16 14:41 | 3,50 3,50 |
| 10 martes | 08:39 20:53 | 0,90 0,80 | 02:32 14:46 | 3,30 3,30 | 25 mércores | 09:12 21:30 | 0,60 0,70 | 03:02 15:26 | 3,60 3,50 |
| 11 mércores | 09:16 21:28 | 0,80 0,70 | 03:06 15:24 | 3,50 3,40 | 26 xoves | 09:56 22:10 | 0,60 0,70 | 03:45 16:09 | 3,70 3,50 |
| 12 xoves | 09:53 22:04 | 0,70 0,60 | 03:42 16:01 | 3,60 3,50 | 27 venres | 10:38 22:49 | 0,60 0,70 | 04:26 16:50 | 3,70 3,50 |
| 13 venres | 10:31 22:42 | 0,60 0,60 | 04:19 16:41 | 3,70 3,50 | 28 sábado | 11:19 23:28 | 0,70 0,80 | 05:06 17:29 | 3,70 3,40 |
| 14 sábado | 11:12 23:23 | 0,60 0,70 | 04:58 17:23 | 3,70 3,50 | 29 domingo | 11:59 18:08 | 0,80 3,20 | 05:45 18:08 | 3,60 3,20 |
| 15 domingo | 11:57 18:09 | 0,60 3,40 | 05:41 18:09 | 3,70 3,40 | 30 luns | 00:06 12:38 | 0,90 0,90 | 06:24 18:47 | 3,50 3,10 |
| | | | | | 31 martes | 00:45 13:20 | 1,10 1,00 | 07:05 19:29 | 3,30 3,00 |